

MAY 2024

THE
WANDERING

ECHO



Wandering
Community Resource Centre
your local connection



WELCOME

To Our Monthly Community Newsletter

NEXT EDITION IS JUNE 2024.

ITEMS FOR INCLUSION DUE BY 27TH MAY 2024

Advertise in the Echo

50 hard copies printed per month
emailed to over 170 contacts

NO JANUARY EDITION

Per month

1/4 page: \$16.00

1/2 page: \$23.00

Full page: \$52.00

11 editions - yearly

1/4 page: \$96.00

1/2 page: \$137.00

Full page: \$309.00

Contact the Wandering CRC

Phone: 08 9884 1561

Email: crc@wandering.wa.gov.au

Monday - Thursday

9am - 4pm

Closed public holidays

KEEP UP TO DATE

The best way to stay up to date with all the happenings of the CRC & Wandering Shire is to follow us on Facebook.

CRC - <https://www.facebook.com/wanderingcrc>

Shire - <https://www.facebook.com/Wanderingshire>



150
YEARS



**JOIN US TO
CELEBRATE 150 YEARS OF THE WANDERING SHIRE
13TH AND 14TH SEPTEMBER 2024**

The establishment of the Wandering Roads Board was
constituted on 6th October 1874

Friday 13 September 2024

- Evening Celebration with food, drinks, music and dancing
(more details and ticket sales coming soon)

Saturday 14 September 2024

- Free family day in Wandering
- Celebrations at the Wandering Primary School
- Shire and community buildings open for viewing
 - Food vans
- Old fashioned games on the Wandering Oval
 - History display boards
- Cutting of the 150th Anniversary Birthday Cake
 - Live music
- Fireworks Extravaganza

Start putting together your family, business, sporting or
community history with photos to display on the day.
(more details coming soon)

Invite friends and family who no longer reside in the district
back to Wandering on the 13th and 14th of September to
celebrate with us.

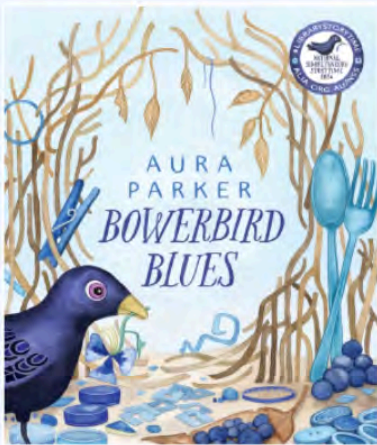
Check out our Facebook page and the Wandering Echo for
regular updates.

www.facebook.com/Wanderingshire



AURA PARKER

BOWERBIRD BLUES



ALIA NATIONAL SIMULTANEOUS STORYTIME 2024



Community Resource Centre
22nd May 2024 @12pm #LibraryStorytime

Register NOW at the Wandering CRC Ph: 089884 1561
OR Email: crc@wandering.wa.gov.au

NATIONAL SIMULTANEOUS STORYTIME (NSS) IS HELD ANNUALLY BY THE AUSTRALIAN LIBRARY AND INFORMATION ASSOCIATION (ALIA). EVERY YEAR A PICTURE BOOK, WRITTEN AND ILLUSTRATED BY AN AUSTRALIAN AUTHOR AND ILLUSTRATOR, IS READ SIMULTANEOUSLY IN LIBRARIES, SCHOOLS, PRE-SCHOOLS, FAMILY DAY CARES, CHILDCARE CENTRES, FAMILY HOMES, BOOKSHOPS AND MANY OTHER PLACES AROUND THE COUNTRY



READ

Read the book aloud with your child.

TALK

Talk together about the story & illustrations.

PLAY

Play to help build early literacy skills.

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Your local connection

LEGO Wine and Cheese Night!



LADIES, lets celebrate us for a Mothers Day get together, a FUN night with some laughs as you build a LEGO kit while enjoying some Wine and Cheeses.

- *DATE: THURSDAY 9TH MAY 2024*
- *TIME: 5:30 PM*
- *LOCATION: WANDERING CRC*
- *COST: \$30 per person (Includes Lego Kit)*

Register your interest : crc@wandering.wa.gov.au or

Ph: 089884 1561



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HOW TO USE A KINDLE: A BEGINNER'S GUIDE



**Bookings Essential: Phone: 089884 1561
crc@wandering.wa.gov.au**

**Learn how to download books,
adjust settings, and more.
Feel free to bring your own or some will be
available.**

**\$5.00
each**

Thursday 16th May @6.30-8.30pm

**Coffee & Chocolate supplied.
COMING SOON: Wandering CRC Book Club**



Experience VIRTUAL REALITY EVENING FOR ADULTS

23rd May @6.30–8.30pm
at Wandering CRC – 18 Watts Street

- Interactive games
- Game competition
- Evening Snacks

Register NOW at the Wandering CRC Ph: 089884 1561

OR Email: crc@wandering.wa.gov.au



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**\$15.00
TICKET**

WANDERING COMMUNITY GARDEN PLANT SWAP

Bring some cuttings or plants and swap with others.

Share gardening knowledge.

Spend some time in the Community Garden.

EVERYONE WELCOME!

Wednesday 15th May

10am

Wandering Community Garden (next to the CRC)

Coffee & cake for sale at the CRC





Week 1 - 22nd April

**Learn What food goes into
Chart & Round Robin of
Activities**



Week 2 - 6th May

**Learn to grow your own
food & Friendly game of
Dodge Ball**



TERM 2 PROGRAM

\$10 per

child/fortnight

3.30-4.30pm

REGISTRATION ESSENTIAL

PHONE: 089884 1561

EMAIL:

CRC@WANDERING.WA.GOV.AU

KIDS

Healthy Living & Eating

PROGRAM

Week 3 - 20th May

**Treasure Hunt &
Being A Food Critic**



Week 4 - 10th June

Tennis & afternoon Tea



Week 5 - 20th June

**GOLF - Learn to put like a
pro at the Golf Course &
making food.**



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Australia's
**Biggest
Morning
Tea**



Thursday 23rd May
*Wandering Community
Centre*

10am - 2pm

*Morning tea and lunch available
for donation.*

Raffle and produce stall



Please feel free to use the QR code to
make a donation. Many thanks



AGM NOTICE

The AGM for the Wandering Wine Awards, 'Long Table Lunch' will be held at the Wandering Shire Chambers on **Monday the 27th of May 2024.**

All welcome to come with ideas and support.



Wandering Fair

Stall Holder Registrations Open NOW

<https://form.jotform.com/240898267449878>

Sat 19.10.2024, 9:00am - 3:00pm



find us on facebook Wandering Fair



find us on instagram wandering_fair

Running in conjunction with the Wandering Camp Out Weekend



COUNTRY CLUB PILATES



COUNTRY CLUB PILATES

will be doing classes on Monday
evenings @ 6:00 PM

Wandering Community Centre

Contact: DENVER - 0428 694420

Cost: \$15.00 (Cash or Bank Transfer) No EFTPOS
available.

Enquiries to: crc@wandering.wa.gov.au/

Phone: 089884 1561



Wandering

Community Resource Centre

Your local connection



COUNTRY WOMEN'S ASSOCIATION
— OF WESTERN AUSTRALIA INC —

Wandering CWA

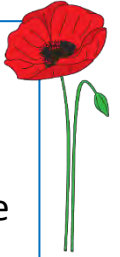


Happy Mother's Day

The Wandering CWA would like to wish everyone a Happy Mother's Day on Sunday 12 May!

ANZAC Day in Wandering

It was wonderful to see so many people at the recent ANZAC day ceremony. Our President Jacque makes the lovely wreaths each year on behalf of the CWA, so thanks to her for her efforts.



Hire the Wandering CWA Rooms

The Wandering CWA Rooms are available for hire for your next event
Half Day hire (up to 4 hour block) \$30
Half Day hire (4 hours or more) \$50
Contact Leanne (0417 097 149) for further info

Next meeting of the Wandering CWA

Wednesday 15 May 2024

11am meeting

with morning tea to follow

(please note the change of meeting time!)

Everyone welcome!



Find us on 
Wandering CWA

Here's to strong women.
May we know them.
May we be them.
May we raise them.

WANDERING

Camp Out Weekend

COMMUNITY *Meeting*

WEDNESDAY 5TH JUNE 2024

7PM

WANDERING CRC

The Wandering Camp Out Weekend Committee invite the community to attend a meeting to discuss their 2024 event. You're welcome to bring your thoughts and ideas and how you &/or your group may be involved in this year's event.

LIGHT REFRESHMENTS PROVIDED - RSVP ATTENDANCE ESSENTIAL!

Email - eowcow@outlook.com

Ph: 0429961697 (Alana - Event Officer)

VIRTUAL VILLAGE ACTIVITIES



If you are interested to see what the Monday activities are all about, or you wish to know more about what the Virtual Village is, come along to the CRC on Monday's at 10am for a cuppa and a chat with a group of friendly people from the Wandering community.



Members and non-members are welcome to come and if you know of someone in Wandering who needs or would like some company please bring them along.

Members of the Virtual Village consist of people who feel that they may need help in the future to stay in their own home, people who are able to provide help to those people, and anyone who is interested in being a member of this great initiative.

No obligation or money involved.

Enquiries: Lee Muller 0429 390 626

WANDERING QUIZ NIGHT

\$10 per person Tables of 8 max
Door prize. Plenty of prizes to win!
BYO Drinks & nibbles for your table

Saturday, 17 August 2023

6pm Wandering Community Centre

BOOK NOW

Contact - Wandering CRC to book your table
9884 1561 or crc@wandering.wa.gov.au



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WANDERING CAMP OUT WEEKEND
PROUDLY PRESENTS

2024

REGIONAL CLUB DEVELOPMENT CONFERENCE

Inspiration, Innovation, Collaborate, Connect

SAVE the date!

FRIDAY 9TH AUGUST

The Wandering Camp Out Weekend Committee is excited to be delivering on its promise to give back to the community and region.

This conference is designed for all clubs, not-for-profit organisations and groups from across the region to network, be inspired and learn through a range of key note and guest speakers and some fun engaging activities, throughout what is shaping up to be a fantastic day NOT TO BE MISSED!

MORE INFO TO COME SOON

**Followed by a Networking Sundowner with
Flavours From The Regions canapes and music by Sally Jane**

\$40 per person inc. morning tea, lunch & networking sundowner

If your club needs help to attend, please contact the Wandering Camp Out Weekend to discuss attendance sponsorship

SUPPORTED BY:



WANDERING COMMUNITY CENTRE
TICKETS:
www.trybooking.com/CQXUL

E: eowcow@outlook.com

Ph: 0429 961 697

W: wcow.com.au

Mother's Day

12th May 2024

Order your Flowers today

Deliveries available or

Pick up from

The Old Courthouse, Pingelly

The Honourable Florist

www.thehonourableflorist.com.au

0418950282



NOTICE

NO NEED TO BUY A NEW TV!

Advertisements suggesting TVs over 10 years old will lose reception in Wandering is incorrect.

Free to air television is run through individual decoders in each household, so you will not be affected by any changes.

SHIRE OF WANDERING

22 WATTS STREET,
WANDERING, WA 6308

08 6828 1800





Shire Services

Building and Planning

If you propose to erect, make any additions to, or demolish any building or outbuilding, construct a swimming pool or erect a patio, shed, pergola or the like then you are required to apply for town planning development and building approval. There is a wealth of information on the Shire website at www.wandering.wa.gov.au and you are always welcome to make an appointment with a member of staff to go through any queries you may have.

Firebreaks

Firebreaks must be completed by 31 October each year. Bush fire notices are posted out with rates each year and contain instructions on how to keep your property bush fire safe

Works Requests

Works Requests can be lodged via the Shire Website, email or by calling the office to give a detailed description of the works you require to be completed. You can also use the app "snap send solve".

Food Premises / Food Stalls

All food businesses, other than an exempted food business must be approved and registered by the Shire prior to operating as a food business. Inspections of food premises are undertaken regularly within the Shire. All premises are expected to be maintained in accordance with the *Food Act 2008*. Temporary food stalls are expected to operate under guidelines that ensure only activities that reflect the level of hygiene control are carried out.

Please be advised The West Australian paper has been increased to \$2.60



Opening Hours

Shire Office

(including Australia Post agency)
9am to 4.30pm weekdays

CRC (including Department of Transport agency)

9am to 4pm

Monday to Thursday

all closed on public holidays

Transfer Station

Sundays 8am to 4pm

Mondays 8am to 3pm

Waste Collection

Every Tuesday

Recycling Dates:

07/05/2024

21/05/2024

Ranger

24 hours / 7 days

0459 678 154

Shire of Wandering | 22 Watts Street, Wandering WA 6308 | (08) 6828 1800

www.wandering.wa.gov.au | reception@wandering.wa.gov.au



www.facebook.com/wanderingshire

Wandering Community Resource Centre | 18 Watts Street, Wandering WA 6308 | (08) 6828 1820

crc@wandering.wa.gov.au



www.facebook.com/wanderingcrc



Council Meeting Dates 2024

- 15 February 2024
- 21 March 2024
- 18 April 2024
- 16 May 2024
- 20 June 2024
- 18 July 2024
- 15 August 2024
- 19 September 2024
- 17 October 2024
- 21 November 2024
- 12 December 2024

Meetings commence at 3.30pm, public are welcome to attend.

Shire Chambers, 22 Watts Street Wandering. Please arrive at reception by 3.15pm and submit questions at least 24 hours prior to the meeting.

Council Meeting Notes

At the Council Meeting held on the 18th April 2024 the following was discussed:

- Shire of Wandering Policy Manual Review
- Financial Report March 2024
- Accounts for Payment March 2024
- Change of Banking Services Contractor
- Application for Planning Approval—Single Dwelling and Water Tank

To read the entire agenda or minutes please go to our website www.wandering.wa.gov.au

Have any Issues for Council ??

Please put any requests or issues in writing addressed to the Shire so they can be actioned.

If we do not know about issues affecting the community, we cannot action them.



Shire of Wandering Elected Members

Elected Members Contact Details

Cr Ian Turton (President) 0428 876 033

Cr Sheryl Little (Deputy President) 0414 586 893

Cr Lou Cowan 0490 808 044

Cr Gillian Hansen 0488 911 902

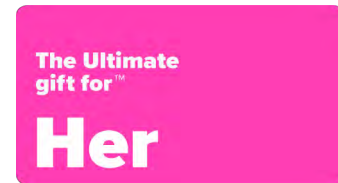
Cr Dennis Jennings 0403 126 763

Cr Alan Price 0428 996 457

Cr Max Watts 0428 841 069

Mothers Day 12th May

The Shire office has a wide range of gift cards to spoil your mum this Mothers Day.



Restricted Burning Period—Extended Until Midnight 17th May

Restricted burning is currently permitted. Permits are required - please contact your Local Fire Control Officer.

Please plan ahead - do not ring a Fire Control Officer on the day you want to burn and expect a permit as it may not be granted. You must give notice to your neighbours and the Shire once the permit is granted.

NO BURNING WITHOUT A PERMIT - CAMPFIRES AND BONFIRES ARE PROHIBITED

Burn With Care - To Be Advised Due To Unseasonal Weather No Permit Required

Due to unseasonal weather conditions these dates may be extended or shortened. You must check with the Shire of Wandering 6828 1800 for details.

Please call 000 in an emergency

WHAT'S HAPPENING AT PUMPHREYS BRIDGE?

The Pumphreys Bridge Site Restoration Plan was developed by the Peel-Harvey Catchment Council in consultation with the community in 2021. The plan is currently focused on the environmental aspects of the site, including the river and surrounding vegetation. Since 2021, weed control and small scale revegetation has been carried out. The recent activity that you can see on the river itself is for bank rehabilitation, including protection from erosion and improving the habitat on the river. Seedlings will be planted through winter and into early spring to further enhance the health of the river environment. Overall, the long term project involves:

- ✔ Weed control
- ✔ Revegetation
- ✔ Bank rehabilitation
- ✔ Acknowledgement and protection of Noongar Cultural Heritage Values
- ✔ Stabilisation of the old bridge ruins & timber wall



For more information, check out the site plan on the Peel-Harvey Catchment Council website. (Click on 'Resources' and search Pumphreys Bridge Site Restoration Plan or scan QR Code).
website: www.peel-harvey.org.au



This project is supported by Peel-Harvey Catchment Council, Wilman (Dryandra) People Corporation and Shire of Wandering, through funding from Newmont and South32 Worsley Alumina

MAINTENANCE GENERAL:

Bitumen Patching

- North Wandering Road
- Wandering Pingelly Road
- Wandering Narrogin Road
- Crossman Dward Road

Drainage Works

Drainage maintenance that has been carried out on the following roads:

- North Wandering Road
- Moramocking Road
- Cheetaning Road
- York Williams Road
- Deans Road
- Bannister Road
- Dwarda East Road
- Town work

Bridge Repairs

The emergency repairs on Carabin bridge (3066) now completed.



Bushfire Mitigation Works

We have now started works on the bushfire mitigation grant, that we received in 2022. This involves reducing fuel load around all the timber Bridges within the Shire we have now completed three- photos below:

Bridge 3064A



Bridge 3066A



Bridge 4251



WEST AUSTRALIAN BICYCLE NETWORK GRANT (WABN)

This financial year we had around 282 metres of new footpath to install on Gnowing Street in accordance with the grant we received in 2023, this shared path has now been completed.



PUMPHREYS BRIDGE

The rehabilitation on the banks of the Hotham River between the bridges went according to plan. As previously mentioned, efforts were focused on the banks themselves and involved re-sloping (where there was no existing vegetation), placement of jute mat on the slopes, and rock toe at the base of the banks – see photos below. Local carpenter Ben Pike did a great job with the steps down to the river. The site looks pretty 'raw' at the moment but will settle in with the cooler weather and hopefully some rain soon.

There will be planting throughout winter into early spring on the banks (including where the jute mat is, which will biodegrade as the plants grow). We will also plant within the river buffer area marked out with boulders – these are now keeping campers from setting up too close to the river.

The purpose of our efforts is to protect and enhance the river environment and habitat values. Weed control is ongoing in the larger project area stretching upstream and downstream of the bridges.



We're hiring in Wandering

We believe our staff are our greatest asset as we work together to deliver the very best in Home Care in the Wheatbelt.



We are looking for caring and passionate nursing and Home Care support workers in the Wheatbelt.

Our Care with Purpose people-centred care model promotes dignity, respect, privacy and independence.

As a not-for-profit organisation, we are inclusive and welcome all faiths and backgrounds. We offer competitive hourly rates, casual loading and full training. We have both permanent and casual roles available now.

If you would like to discuss further call 1300 244 000 or email your CV to homecare@catholichomes.com



Wide Span Sheds
No Compromise Steel Building Solutions

**SERVICING WANDERING,
BODDINGTON & SURROUNDS**



Call Mel Browne **0417 924 836**

qualitysheds@bigpond.com

FOR SALE

Animal food for small holdings with any chooks, pigs, goats, ducks and more!

Groats 20kg bag \$20



Oat Pins, husks and grasses. Seconds
Approximately 200kg \$50

Small Groats, Husks and other grasses. Seconds
Approximately 200kg \$75



Contact Lucy Jones
0419 938 834
Pick up Wandering

Letter to the editor.

Thank you for publishing the recent letter I sent you with regards to a petition to our State Government to reopen beds for the aged care at Boddington Hospital. I wonder if you would consider a quick update please?

The petition is going really well, but people if you want to have a say in the re opening of beds, then please find one of the petitions that are around town at various places.

This is your voice. This is how we speak.

HON Steve Martin MLC has organised an online petition which anyone can access by going to his website. The petition will be presented to Parliament on May 28th. The more signatures we can get, the louder our voice.

So please, if this concerns you at all, or someone you know, please sign.

Thank you,
Liz Nairn

NARROGIN RESIDENCY by Dillons

Your choice, Your decision,
Let's work together

Maryanne Dillon



Speak with Maryanne
for information & tours

📞 0472 784 690 or
📧 maryanne.dillon@residency.net.au

📍 52 Williams Road,
Narrogin WA 6312

www.residencybydillons.com.au

Online MEN OF HOPE Online

Get in - Get Healthy & Strong -
Get Going

Free Online Connect Groups - Every Wednesday



Join free online chat groups and chat with friends, meet new people, learn new skills and support each other.



menofhope.com.au

08 6559 1482

Sign up now!



TOTAL CONTAINERS

SEA Containers WA

SALES - HIRE - MODIFICATIONS - STORAGE



0423 957 043

www.seacontainerswa.com.au

"Servicing the South West"

2024 ANZAC DAY





11 April 2024

With Senior Regional Officer for the South West, Annetta Bellingeri Stop the interruptions - take back your phone from telemarketers and spam

Unwanted calls and spam SMS can be a source of frustration. Whether it's persistent telemarketers interrupting your dinner or irrelevant promotional texts flooding your phone, there are ways to put a stop to them.

You may have forgotten about the Do Not Call register, which is a free service run by the Australian Communications and Media Authority (ACMA). You can register your home, personal mobile or fax number online via donotcall.gov.au or call 1300 792 958. The good news is you only need to register once.

Telemarketers then have 30 days to stop contact. The *Do Not Call Register* legislation applies not only to Australian telemarketers but also businesses within Australia that use overseas-based telemarketers and businesses based overseas making calls to Australian numbers.

The register works by requiring telemarketers to submit a list of phone numbers they wish to call to the Register Operator. The Register identifies any numbers that are not permitted to be called and they are removed from calling lists.

Keep in mind research or survey related calls are not telemarketing, so you may still receive these, as well as calls from registered political parties, politicians, government agencies, election candidates, registered charities or educational institutions where you are or were a student. These are all exempt. However, there are still rules to be followed.

Telemarketers can only call between 9am-8pm Monday-Friday and 9am-5pm on Saturdays and never on Sundays. Researchers can call 9am-8.30pm Monday-Friday and 9am-5pm on Saturday and Sundays. Neither can call on a national public holiday.

The caller must tell you their name, the name of their employer and why they are calling and their caller ID must not be blocked. They also must end the call if you ask them to.

Unfortunately scam calls won't stop after registration. A legitimate caller should not mind if you want to verify their identity. You should never give an unsolicited caller any personal or financial information, including credit card details, or access to your computer.

Receiving an SMS about a sale from your favourite clothing store is helpful but when do 'helpful' texts turn into unwanted spam?

Marketing texts must also follow rules set out by ACMA. The business needs to have your consent, for example you ticked 'subscribe' on a form or entered a competition, include contact details and offer a way for you to unsubscribe or opt-out.

After you unsubscribe or opt-out the business must generally stop sending marketing texts within five days.

You can report spam messages to ACMA by forwarding the message to their dedicated SMS line – 0429 999 888, or you can report it online via ACMA's spam complaint form. Also consider blocking the number on your phone. ACMA does take action and most recently issued penalties of over \$3.7 million to Luxottica (Sunglass Hut, Oakley, OPSM), Uber Australia, Kmart Australia and Ticketek for breaches of spam rules.

And just like with unsolicited calls, you may still receive text messages during elections or from registered charities and other Government bodies.

More information about rules regarding telemarketers and spam texts can be found at acma.gov.au.



REGIONAL COLUMN

www.dmirs.wa.gov.au www.wa.gov.au

5 April 2024

With Senior Regional Officer for the South West, Annetta Bellingeri

Cracking the code on diesel pricing with FuelWatch

Unleaded petrol (ULP) prices often grab the headlines but for many West Aussie drivers, diesel is the lifeblood that keeps their utes, trucks, 4WDs and family cars running.

Currently, Tuesday is the cheapest day to fill the tank with petrol, but Consumer Protection's FuelWatch team often receives questions asking when the cheapest day is for diesel.

Diesel does not follow a price cycle in the same way ULP does. The ULP price cycle is a deliberate pricing strategy by the fuel companies. So, it's likely not profitable for them to initiate a similar price cycle for diesel given ULP is the primary fuel in the retail market.

So how are diesel prices set? Australia's wholesale diesel prices are driven by benchmark prices set in Singapore, which is the fuel storage and trading hub in the Asia-Pacific region. The diesel benchmark is generally higher than it is for ULP because of bigger demand in the region. Diesel is used extensively in electricity generation, mining, agriculture, and other primary industries. Given the higher wholesale price, and that the wholesale price makes up most of the retail cost of diesel, it's expected to see, on average, diesel prices sitting above ULP.

There are two types of diesel sold in WA – regular diesel and proprietary branded diesel. FuelWatch defines the proprietary branded diesel as simply 'brand diesel', whereas fuel companies market this as 'premium' diesel because it has a fuel system cleaning additive. Consider whether this is something your car needs before paying a higher price.

FuelWatch often receives complaints about high fuel prices in WA. The good news is data shows that year-to-date Perth has had the cheapest diesel on average in the nation. Last year Perth was equal cheapest with Adelaide and in 2022 Perth was the outright cheapest capital city.

On any given day the price of diesel in the Perth metro area can vary by up to 40 cents per litre, this is why it pays to shop around. Buying diesel from the cheapest site rather than the most expensive, at a difference of 40 cpl, means you could potentially save \$34 on an 85-litre tank (average size of a 4WD tank). Over a year, with regular weekly fill ups, you could save \$1,768.

It takes less than 30 seconds to check the FuelWatch website at www.fuelwatch.wa.gov.au to find the cheapest diesel near you. As some retail sites sell both diesels while others only sell one type, Consumer Protection recommends using the purple toggle button on the FuelWatch website to quickly compare regular diesel and brand diesel prices to ensure you're always finding the cheapest option near you.

It's also worth considering signing up for personalised alerts. If you're on a road trip, try using the interactive map, which allows you to expand, contract and scroll along the map to see where your cheap fuel stops could be.

WARRIOR WELLBEING ARTICLE



Relationships – Personal and Other!

BY THE REGIONAL MEN'S HEALTH INITIATIVE
May 2024

We are all challenged, in both our personal and other relationships in life, whether we have a partner, are single, or involved in the many community groups and workplaces that make our life tick.

Personal relationships go through many stages that challenge the ever-changing dynamic of our relationships. These stages can be the catalyst for relationships ending, through people growing apart and being challenged by their own emotional insecurity and identity. Some of these stages may include:

- having children and/or 'empty nesting' when the kids leave home;
- a death or sickness in the family or community group we belong to;
- the stages of a man's life when our identity is challenged, usually around late adolescence, mid-life, and retirement. Finding that sense of purpose along with passions/interests is the key for balance in our life;
- menopause has many phases which often challenge ladies, as blokes we quite often do not observe changes in those women around us even though it is happening under our eyes. It is necessary to adapt our habits to suit;
- diminished testosterone levels due to ageing (male menopause);
- the people we choose to associate with.

We must remember - It is not your responsibility to make your spouse happy. It is up to each person to make that happen for themselves. We do, however, play a significant role in whether or not our spouses feel appreciated, which is a good start for a healthy relationship.

"If your home environment is good, peaceful and easy, your life is better and easier." (Lori Greiner)

As blokes our relationships are also quite often challenged in the community setting/workplace and the 'my way or the highway' approach. If we have been single all our life or have lost a partner recently, being connected to community through groups of interest is important.

Accepting diversity and being prepared to try new interests will lead us down the path of many new and enduring relationships.

Being able to agree to disagree respectfully is a skill that seems lost on society, and an important one to maintain good relationships. We do not have to believe in the many things that people may say, but with compassion, compromise and empathy (the ability to understand and share the thoughts of another person) we can still be involved in that community group. Many blokes butt heads and walk away, missing the many benefits of being connected.



All relationships are ongoing and a work in progress. It is imperative that we communicate, communicate, and communicate more to have healthy relationships and reap the health benefits that go with it. It is also important that if the relationship (in any setting) is not working and/or unrecoverable, it is alright to walk away.

I read an article recently on relationships which included the following summation: "Honesty is the most valuable attribute you can bring to a relationship, along with a willingness to communicate and compromise," remembering compromise is about give and take, not one-sided sacrifice."

As always, remember ... before it all gets too much...Talk to a Mate®!!

 @RMHI_4blokes

 Working with Warriors Podcast

 regionalmenshealth.com.au



Find Cancer Early: Tips when visiting your doctor about a possible symptom!

As we get older, many of us don't often think too much about a change to our body. This can result in us expecting and accepting changes over time as being normal.

But it is important to not be tempted to put something unusual down to 'getting older' before you've told your doctor, clinic nurse or Aboriginal health worker. Always have a chat and let them know what you've noticed, even if you're not concerned by it. Chances are it is nothing to worry about, but it's better to be on the safe side.

When you decide to make an appointment, lots of different questions and concerns can pass through your mind, such as:

- The doctor is always too busy.
- It's too hard to get an appointment.
- When I get to my appointment my mind goes blank.
- What could happen when I see the doctor or health worker?
- I don't have a doctor.
- I feel embarrassed or shame.

Tips when you are visiting your doctor/health professional

- Be clear about your symptoms.
- Calling early in the morning is often the best time to arrange an appointment.
- If your usual health professional isn't available that day, ask for an appointment in a few days time, or ask to see another doctor.
- If you feel you need to speak to a health professional straight away, tell the receptionist it is urgent when you call.
- Write down why you've made the appointment and what you want to tell your health professional.
- Keep a symptom diary of what's been happening, how long for, and how often it occurs – you can take this with you.
- Health professionals are there to help you – don't be embarrassed to let them know about any unusual changes you've noticed in your body.
- Take someone with you as a second pair of ears to listen & perhaps to take notes for you to clarify what is said at your appointment.

Become familiar with common cancer symptoms

We encourage adults, especially those over 40 years of age, to be aware of some common symptoms of cancers. You can give yourself the best chance to **Find Cancer Early**, by going to see a doctor straight away if you have symptoms, so that treatment is easier, and you can be around longer to do the things you love doing with the people you love.

Where else can I get advice?

- Cancer Council WA – Information and Support line - **13 11 20**
- Visit findcancerearly.com.au
- GP, nurse practitioner or pharmacist

Have you had any of these...

... for more than 4 weeks?

- Problems peeing
- Runny poo
- Unexplained weight loss
- An unusual pain, lump or swelling anywhere in your body
- Becoming more short of breath
- A persistent cough
- A new or changed spot on your skin

... once or more?

- Blood in your poo
- Coughing up blood
- Blood in your pee



If you have and you are over 40...

Tell your doctor

The earlier cancer is found, the greater the chance of successful treatment.

Partner:



Department of Health



For more information visit findcancerearly.com.au
or call **13 11 20**



MIA'S LOCAL HERO GRANTS ROUND OPENS

24 April 2024

The latest round of '*Mia's Local Hero Grants*' has been opened to eligible groups and individuals living in the electorate of Central Wheatbelt.

It is the ninth round of the small grant funding program provided by Hon Mia Davies MLA.

"These small grants are designed to support groups and people in the electorate who work hard to support and inspire their community," Ms Davies said.

"This round of the program will provide amounts of up to \$250 for local groups who support and enrich our communities."

Ms Davies said the grants provided an opportunity to show her support, thanks and appreciation for the hardworking volunteer and not-for-profit organisations that make such a difference in our community.

"I encourage everyone that is eligible to make an application as it's hotly contested and there are many deserving projects, people and event in the electorate," Ms Davies said.

"The funds could be used to support or sponsor a local event, contribute toward the purchase of new equipment or materials, or to assist your group to better support your members or community."

"I'm looking forward to receiving the applications, and if anyone has concerns about their eligibility, they should contact my office."

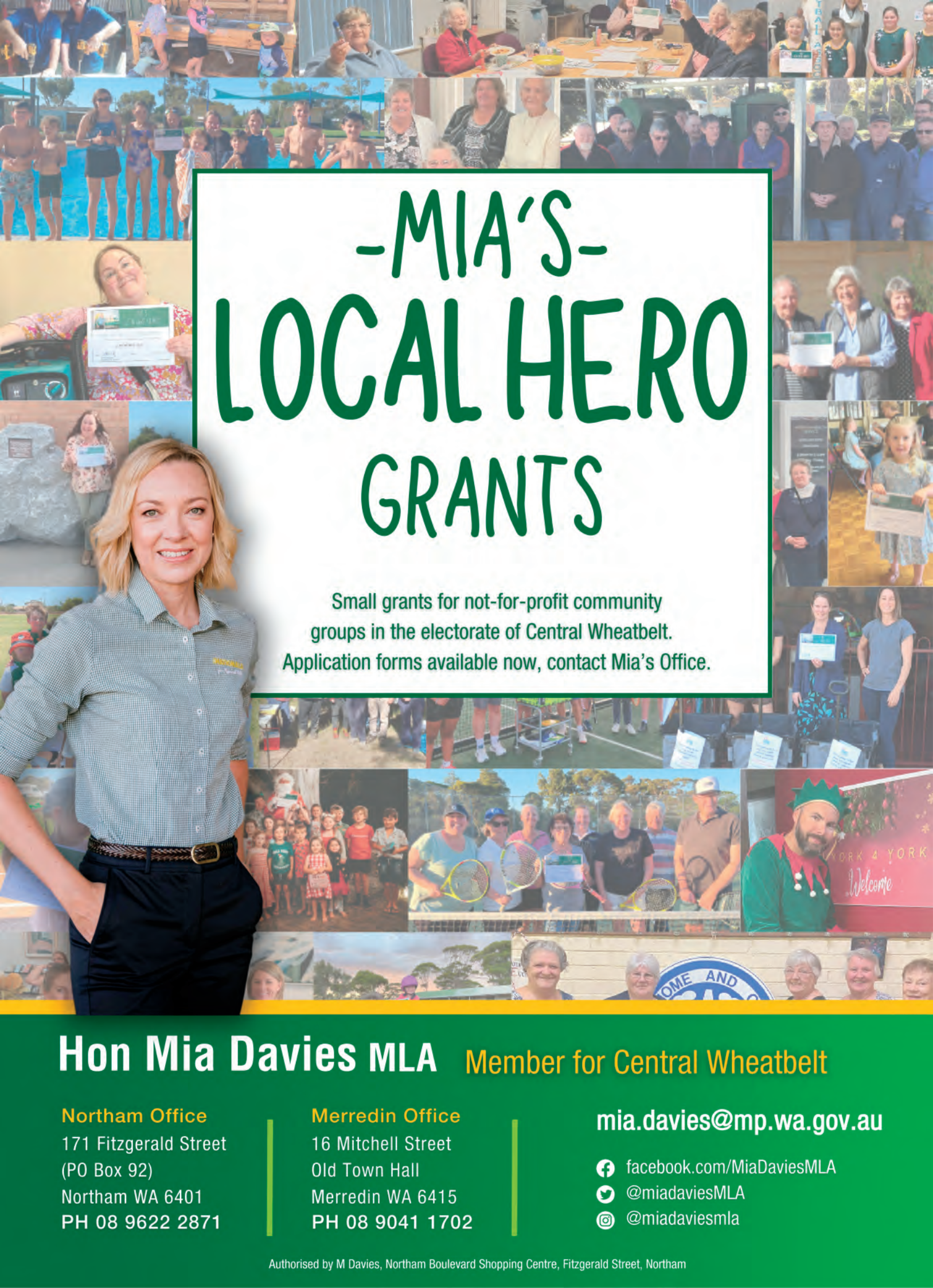
Successful applicants from the previous round include the Ignite Wicky – Town Team, Bakers Hill Cricket Club and Bencubbin Community Garden.

"The funding also contributed to providing swimming teachers for the Boddington Swimming Club season, celebrating the opening of new museum displays at the Nungarin Heritage, Machinery & Military Museum and new equipment for Mortlock Junior Cricket."

Round 9 opens Friday 19th April 2024 and closes at 4.00pm on Wednesday 15th May 2024.

For application forms email mia.davies@mp.wa.gov.au or contact the electorate office directly on 9622 2871 (Northam) or 9041 1702 (Merredin).

For media enquiries please contact Mia Davies on 9041 1702 (Merredin office), 9622 2871 (Northam office) or email mia.davies@mp.wa.gov.au.



-MIA'S- LOCAL HERO GRANTS

Small grants for not-for-profit community groups in the electorate of Central Wheatbelt.
Application forms available now, contact Mia's Office.



Hon Mia Davies MLA

Member for Central Wheatbelt




Northam Office

171 Fitzgerald Street
(PO Box 92)
Northam WA 6401
PH 08 9622 2871

Merredin Office

16 Mitchell Street
Old Town Hall
Merredin WA 6415
PH 08 9041 1702

mia.davies@mp.wa.gov.au

-  facebook.com/MiaDaviesMLA
-  [@miadaviesMLA](https://twitter.com/miadaviesMLA)
-  [@miadaviesmla](https://instagram.com/miadaviesmla)

Mia DAVIES MLA

MEMBER FOR CENTRAL WHEATBELT



Northam Office

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Northam WA 6401
PH 08 9622 2871

Merredin Office

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mia.davies@mp.wa.gov.au



MiaDaviesMLA



facebook.com/MiaDaviesMLA



[@miadaviesmla](https://www.instagram.com/miadaviesmla)

Landcare matters

Hotham-Williams sub-catchment update



PHCC Working Together
Peel-Harvey Catchment Council

Edition 86
May 2024



NRM is the management of natural resources such as land, water, soils, plants and animals. It brings together land use planning, water management, biodiversity conservation and sustainability of industries such as agriculture, mining, tourism, fisheries and forestry.



Defending Dryandra

PHCC has been successful in our Feral Cat Management Grant Application!

The Defending Dryandra – Feral Hotspots Project will be delivered over 3 years and will involve targeted feral cat control by a pest animal control contractor at known feral cat hotspots on properties surrounding Dryandra Woodland National Park.

We will use 4G monitoring cameras on these properties

to determine the effectiveness of the management activities and to monitor native animals that visit the farms.

The project will receive \$183,865 of funding and aims to;

- Reduced predation pressure from feral cats (and opportunistically foxes) for key threatened species including numbats and woylies to help maintain or improve their populations

- Reduced disease risk from feral cats to livestock including toxoplasmosis and scariosistis.
- Use of technology to monitor feral species in real time.
- Raise awareness of threats from feral cat and best practice management.

The Defending Dryandra Project receives funding as part of the Western Australian Government's Feral Cat Management Grants.



Numbat. Image by John Lawson



Feral cat captured on camera monitoring from Dragon Rocks. Image by Rob McLean

Landscape Rehydration Workshop

We recently held a Landscape Rehydration workshop on a property in Quindanning in our Hotham-Williams subcatchment. Lance Mudgway from the Mulloon Institute provided technical and practical in-field demonstrations to landholders on how to retain on-farm water through water conservation techniques and

good landscape planning.

Our host farmers, Neil and Maree shared strategies they have used to improve water conservation on their property and were also able to pick up some additional tips from Lance on actions they could implement into the future.

The group viewed three paddocks on the property and

Continued on next page



In-field demonstration

Landcare matters

Hotham-Williams sub-catchment update



learnt about the concept of the “three zones”, recharge, production and filtration and how using this thinking can achieve landscape rehydration on small through to large scale areas.

Whilst out on the farm, we were also able to see Neil and Maree’s saltbush plantings from a recent PHCC Community Environment Grant.

For more information visit the Mulloon Institute website : <https://themullooninstitute.org/>

This Regenerative Agriculture event was made possible thanks Regen WA and funding from Lotterywest. RegenWA is powered by the Perth NRM Collective Impact Program with funding from Lotteywest, Commonland and NAB Foundation Communities Grant.



Maree and Neil with Lance (Mulloon) and Mel (PHCC)

What the OOZE is that?!

Monosulfidic black ooze (MBO) looks like it sounds... Dark and squishy mud that if stepped in, can be very hard to extract your foot from!

In simple terms, it is a solid deposition resulting from a chemical reaction within the sediments of waterways. MBOs form under certain conditions, including stagnant and deoxygenated water with soils enriched in chemicals like iron sulfide. This is why you can currently see MBOs being exposed and drying out as the water levels reach a

particularly low point this year.

MBOs form in pools and degraded sections of waterways. De-oxygenation occurs during the process, so benthic (bottom-dwelling) materials die and become part of the MBO, as does phosphorous. MBOs may be easily mobilised when flow begins after rain, which can lead to the release of nutrients and toxins, as well as deoxygenation and acidification of the water.

There are lots of projects being tirelessly run by organisations, landholders and volunteers to

find a new equilibrium of river health within the constraints of low flows and high temperatures. Projects are focused on localised areas to increase water depth, improve in-stream habitat, increase oxygen levels in the water and restore the function of the riparian ecosystem. Check out the waterways projects being run by PHCC on our website www.peel-harvey.org.au

Hotham and Williams Rivers projects in the upper catchment are funded through partnerships with both South32 Worsley Alumina and Newmont Australia (Boddington)



Recent photographs of the Hotham River in Boddington



victoria.brockhurst@peel-harvey.org.au

www.peel-harvey.org.au

These projects are supported by the Peel-Harvey Catchment Council through funding from Newmont Boddington, South32 Worsley Alumina and the Shires of Boddington, Cuballing, Wandering and Williams





National Speaking 4 the Planet 2024

Invitation to Participate

In partnership with the Australian Association for Environmental Education and Paddy Pallin, the Speaking 4 the Planet (S4P) team is offering Councils two ways to engage your youth in a sustainability education initiative. Councils may choose to support student participation in the national online competition, or you may choose to run a **live S4P event** in their LGAs.

S4P is an arts-based sustainability competition that encourages participants to think creatively and share ideas about living sustainably at local, regional and global levels. Here's a short video that says more about the competition: [Advocates 4 the Earth - S4P - YouTube](#)

The 2024 competition is free for participants in LGAs where councils support the initiative.

Topic: Trees, the Guardians of Life

From the blue beaches to its red centre, Australia is blessed with diverse and unique woodlands, rainforests and bushlands. With over 130 million hectares of forests, Australia has trees and canopies over about 17% of its land area.

Wherever we live in this country - near the coast, along rivers, in mountains or on plains - we have valuable trees and forests. From the northern tropical regions down through sub-tropical regions to temperate zones, we have trees everywhere. They are a part of our lives. And they matter. Trees sustain life. Trees sustain civilizations.

This year, the S4P competition asks participants to focus on the importance of their local forests - for themselves and their communities and their regions. This topic is linked to Sustainable Development Goal 15 - Life on Land.

Target audience

High-school-age youth (12-18) are invited to participate. **And, for the first time, we are inviting teachers to participate in the writing category.**

Categories

Competition categories for the 2024 S4P competition are:

- Speaking
- Writing
- Performance poetry
- Visual Arts



Closing date

The closing date is Friday 31 May. Winners will be announced on the S4P website on National Tree Day, Sunday 28 July 2024.

Support provided to Councils

A short document will be provided for councils, and an online session will be conducted on how to engage your schools. This will be scheduled in mid March 2024. Each participating council will receive a promotional poster with its logo on it.

Councils that run live events will be offered ongoing and tailored support. This will comprise zoom collaboration, preparation of special materials, local/regional contacts, and a checklist of tasks. Depending on location, support could include a face-to-face meeting.

Support provided to your schools

A support package will be prepared and distributed to registered councils for distribution to their high schools. The package will contain information on the topic, links to resources, and explanation and judging criteria for each category. Councils can also send their own local materials relevant to the chosen sub-heading.

Prizes

Paddy Pallin, a competition partner, will provide very practical items for first place in each category. In addition, first place winners will receive \$100 (in vouchers). Second place winners will simply receive a voucher. Councils are invited to provide prizes for any students in their LGAs and find opportunities for students to present/display their submissions after the competition finishes.

The best entries will be compiled into a digital magazine that will be sent to participating councils and to relevant government departments and Ministers and NGOs.

Cost

Councils are asked to contribute a \$750 fee for S4P to be offered in their LGA. This fee will allow all interested youth (12-18yrs old) and high school teachers in the LGA to participate in the competition. **The costs of conducting and supporting a live event require individual negotiation.**

How Councils can Participate

1. Register your Council to participate and make payment of the registration fee. Register by contacting Phil at phil@speaking4theplanet.org.au
2. Distribute the support package and poster to each high school in your LGA. A draft letter will be sent for you to adapt and send with the package. This letter will introduce the competition to your high schools and highlight the need to focus on local trees and bushlands.
3. Continue to promote the competition to your schools. If needed, a media release template can be provided. Council has the responsibility for communicating with its high schools.

Get involved

To register your Council for the competition, or to find out more about this competition, contact Phil Smith at phil@speaking4theplanet.org.au





Funding and support information for WA primary producers

This document provides some useful resources and information on grants and funding available to assist growers, pastoralists and industry experiencing hardship in challenging times.

Season information

Season 2024: information for WA farmers and pastoralists - seasonally relevant information and management options in broadacre and south-west agricultural areas and the Southern Rangelands of Western Australia.

Options to investigate

Farm Debt Mediation Scheme

- Available to assist farm and pastoral businesses resolve commercial debt disputes regarding loan agreements with their financial institution. Mediation is conducted by an independent mediator in an impartial and safe environment. For more information visit the [website](#), email ruralbusiness.developmentunit@dpiird.wa.gov.au or call 1300 374 731.

Grants and programs

- Farm Business Resilience Program will help farmers identify gaps in their business strategy and provide them with the tools to prepare for, and manage, risk and improve business resilience.
- Future Drought Fund invests in projects to strengthen drought resilience.

A grants and programs finder is available, it is a guided search will help you find grants, funding and support programs from across government. WA specific grants and programs:

- AgBiz Drought Loans provides small businesses located in a drought affected region with loans to help them manage their business during a drought. Small businesses directly linked to the farming sector in drought-affected communities can apply for loans.
- Farm Management Deposits Scheme allows eligible primary production businesses to make cash deposits into a registered deposit institution in high income years and avoid being assessed for income tax on that sum, during that financial year. The deposit can be drawn upon in subsequent lower income years and assessed for taxation in that year.
- Drought loans for farm businesses provide loans to farm businesses to help them prepare for, manage through and recover from drought.

Farm Household Allowance Program provides farming families experiencing financial hardship with assistance through planning and training for long-term financial improvements as well as income support for up to 4 years.

Often funding is not available until a natural disaster is declared.

Support services

- The Regional Mens Health Initiative (RMHI) is a wellbeing and health education project aimed at improving outcomes for men and communities in regional, Western Australia. RMHI enables individuals, groups and communities to be self-sustaining and self-managing of wellbeing challenges. Phone: (08) 6314 1436
- Rural West provides free financial counselling to all primary producers and aims to transition clients through a financial crisis, improve their financial well-being and resilience, and improve business profitability or facilitate a dignified exit. Phone: 1800 612 004
- Rural aid provides critical support to farmers affected by natural disaster through financial, wellbeing and fodder assistance.
- Farmers across borders is a group of farmers and truckies from Western Australia aiming to help farmers by providing animal feed (straw & hay) and moral support to those who have been affected by drought and other natural disasters.
- Other rural support services are available, here is a comprehensive list.
- Drought, disaster and rural support - DAFF (agriculture.gov.au) - provides a list of programs and services to help prepare for, manage and recover from droughts, floods, pests and diseases, and other market disruptions.

Natural disaster assistance

The WA Government website lists support during emergencies caused by floods, droughts, cyclones or major bushfires or other natural disasters.

- Prepare warnings & incidents, recovery - Department of Fire and Emergency Services - provides simple advice and directs you to resources where you can find practical actions to prepare for and cope during a bushfire.
- Farm recovery after fire information and support services for recovery after fire.
- Animal welfare in emergencies - links to animal welfare during bushfires and recovery.
- Disaster recovery funding for WA is listed here when a natural disaster has been declared.
- Disaster Assist lists some arrangements to help with relief and recovery costs such as:
 - Disaster Recovery Payment may be provided as a one-off recovery payment to assist individuals and families that have been significantly affected by a major disaster.
 - Disaster Recovery Allowance a short-term income support payment to assist individuals who can demonstrate that their income has been affected as a direct result of a disaster.

More information

For further information or clarification, please contact:

- Kelly Hill, Manager Regional Intelligence and Adoption (**Albany**)
(08) 9892 8507 or kelly.hill@dpird.wa.gov.au
- Christine Zaicou-Kunesch, Manager Regional Intelligence and Adoption (**Geraldton**)
(0)8 9956 8549 or christine.zaicou-kunesch@dpird.wa.gov.au
- Brendan Nicholas, Manager Regional Intelligence and Adoption (**Esperance**)
(08) 9083 1110 or brendan.nicholas@dpird.wa.gov.au



For information and resources to assist this season, visit the Season 2024 webpage at agric.wa.gov.au/Season2024

Locals for Environmental Action and Protection (LEAP)

Review of 'The Giants' documentary

We recently had the opportunity, thanks to Arts Narrogin, to watch the inspiring documentary 'The Giants', a poetic portrait of environmentalist Bob Brown and the ancient forests of Tasmania. There are trees that are estimated to be thousands of years old, and are unchanged since Gondwanan times. Sadly, these trees are under threat from logging for woodchips, a process that is so uneconomical it costs Tasmanian taxpayers millions each year, and wastes around 70% of the tree, leaving it on the forest floor to be burnt! And these magnificent trees are turned into.....LOO PAPER!



Eucalyptus regnens, or mountain ash, can grow up to 100m tall!!! To get water that high up almost defies the laws of physics! How can it be OK to harvest these amazing trees for woodchips?!? Surely they are worth more to us alive?!

There are so many layers to the amazing Bob Brown, first leader of the Australian Greens party, a man who was often vilified for his ideals, his compassion for the environment and underdogs, and his need to stand up for those that couldn't speak for themselves. It was interesting and quite horrifying to see how other politicians, such as Peter Dutton and Tony Abbott, reacted harshly and appallingly to his stand on gay and human rights. It made us wonder the maturity, or lack thereof, of politicians that are still 'representing' us in parliament today. I know who I would want in my corner if I was in trouble!!

It was an eye-opening film, very educational about our unique forests and the multitudes of threats they face, including logging and mining industries. The forests are endemic to Australia, and once they are gone, they are gone. Bob Brown is an amazing doctor, politician, activist for the environment and gay rights and all-round inspiring person. Our society could do with more compassionate, caring people, ready to stand up for what they believe in, not just believing the rhetoric of 'development and progress'.



I'm sure most people have heard or been to the wilderness of the Franklin-Gordon Rivers in Tasmania, a jewel in the crown of tourism Tasmania. A river that would have been dammed if it wasn't for the action of Bob Brown. He inspired so many to help him, formed 'The Wilderness Society' and after a massive campaign, they managed to overturn the decision to dam the river.

We need to stand up for our wild places, and save them, before it is too late.

Contact us: leap4locals@outlook.com or join us on facebook 'Locals for Environmental Action & Protection' (LEAP).

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THUR 2 - SAT 4 MAY THORNTON THEATRE

Thur 2 May: 7.30pm **Best Of International Shorts** - \$13/15

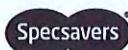
Fri 3 May: 7.30pm **Best Of Australian Shorts** - \$13/15

Sat 4 May: 7.30pm **Short Laughs Comedy** - \$13/15

Doors open 7 PM

Info & Bookings: WWW.ARTSNARROGIN.COM.AU

flickerfest.com.au |    flickerfest | #flickerfest2024



Navigating The Transition

WHAT YOU NEED TO KNOW



FREQUENTLY ASKED QUESTIONS

How can I check my device network settings?

Android devices

1. Go to **Settings**
2. Go to **Network and internet**
3. Go to **Mobile Network**
4. Go to **Preferred network type**
5. Select **automatic** or **4G** if preferred

Apple devices

1. Go to **Settings**
2. Go to **Network and internet**
3. Go to **Mobile Data options**
4. Go to **Voice and Data**
5. Select **automatic** or **4G** if preferred



Why shouldn't I rely on the bars on my phone to determine service availability?



The bars on your phone represent signal strength, not necessarily the availability of service or network quality. Every device uses and displays signal bars differently, and fewer bars don't necessarily indicate less service.

How can I improve my mobile network coverage?

If you're still experiencing weak signal strength consider using antennas or cel-fi systems to boost your coverage.



Where can I find help?

- Visit your service provider's website.
- Telstra 3G SMS Checker Tool - **text '3' to 3498**
- Give the Regional Tech Hub a call on **1300 081 029**.

COMMUNITY GROUPS

WANDERING CRAFT GROUP

The Wandering Crafters meet at the CRC weekly on Thursdays from 9am

New members welcome.

Come learn, come for a chat, or just come for a cuppa.

Room 7, Boddington CRC at the Old School, Bannister Road Boddington.

Full Gospel Church. 9.30am Prayer, Main service 10:00 AM Sundays. Includes Children's church.

- Tuesdays fortnightly: Ladies group.
- Wednesdays at 10:30 AM. Bible Study, Study notes provided.
- Counselling and personal prayer available.
- Contact Julie Naylor on 0436407763 Pastor Joshua Andrews on 0425410254

EMPOWERED NATIONS CHURCH

Public worship every fourth Sunday of the month, from 2pm at the church.

Enquiries to Revd Paul Bartley 0431 849 169 or Clive Lindner 9884 1535

Latest info online at www.gatewayparish.org.

New people welcome and expected! Always up for a chat.

ST MARTIN'S CHURCH WANDERING

WANDERING LIONS CLUB

Meet second Thursday of the month. 7pm at the Wandering Tavern

President - Peter Warburton - 0429 366 617

Secretary - Stephen Bullock - 0428 251 979

WANDERING CWA

Check this month's Wandering CWA page in this edition of the Echo for the next meeting date - we meet at the Wandering CWA Rooms on Watts Street.

President - Jacquie Cornish 0407 241 004 Secretary - Leanne Rose 0417 097 149

PUMPHREYS CWA

Meet the second Tuesday of the month at 9am at Pumphreys Bridge Hall.

President - Raelene Warburton 0428 877 038

Secretary - Shirley Wasley 0427 988 702

WANDERING VIRTUAL VILLAGE

Virtual Village activity every Monday at the Wandering CRC at 10am. Contact Lee Muller



WANDERING

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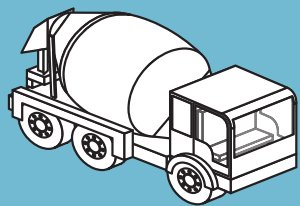
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andrew.carstairs@bigpond.com

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Keith 0417 958 141

COMMUNITY CALENDAR

MAY 2024

3.30PM | MONDAY 6TH
KIDS HEALTHY PROGRAM

9AM | TUESDAY 7TH
PUMPHREY'S CWA MEETING

7PM | THURSDAY 9TH
LIONS CLUB MEETING

5.30PM | THURSDAY 9TH
WINE, CHEESE & LEGO

SUNDAY 12TH
MOTHER'S DAY

10AM | WEDNESDAY 15TH
PLANT SWAP

11AM | WEDNESDAY 15TH
WANDERING CWA

6.30PM | THURSDAY 16TH
KINDLE WORKSHOP

3.30PM | THURSDAY 16TH
COUNCIL MEETING

3.30PM | MONDAY 20TH
KIDS HEALTHY PROGRAM

12PM | WEDNESDAY 22ND
NATIONAL SIMULTANEOUS STORYTIME

6.30 PM | THURSDAY 23RD
VIRTUAL REALITY SESSION

10AM | THURSDAY 23RD
BIGGEST MORNING TEA

7PM | MONDAY 27TH
LONG TABLE LUNCH AGM

Regular Events

Friday evenings: Tennis & Bowls
Thursday morning - Craft Group @ CRC
Monday morning - Virtual Village @ CRC
Wednesday - 8.45am - Exercise Class @ Community Centre
Monday - 6pm - Pilates - Community Centre